

Flu Shots, COVID-19 Update, Open Enrollment, HIP Bonus Points, Education Expo Videos, and more.



Get your flu shot to protect yourself and others! This year, it is more important than ever to get a flu shot to protect yourself and your family. Flu shots are considered preventive and are available at no cost for all employees and covered dependents on our medical plans. See the full schedule of worksite clinics and public locations on wellness.az.gov/flushot. You'll also get 100 HIP points.

- **Testing:** Free rapid saliva testing is available on a walk-in basis at [state-run sites](#) in Flagstaff, Mesa, Scottsdale and Tucson. Please help prevent the spread of COVID-19 by getting tested if you have symptoms and isolating if you test positive.
- **Vaccines:** Free vaccines are widely available at doctor's offices, pharmacies, and numerous other locations around the state. Arizonans age 12 and older are eligible to receive the vaccine. You can find a vaccine site at azheath.gov/findvaccine. You can also earn [2,500 HIP points](#), see below.

Open Enrollment Update

Open Enrollment for 2022 is November 1-19. It is a passive enrollment, with no changes to plans, carriers, or premiums.

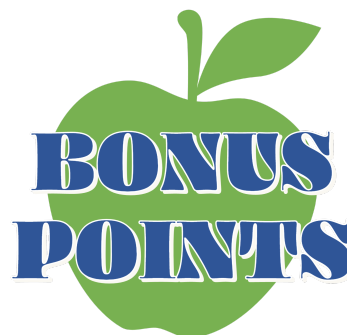
- If you want to keep your current elections for 2022, you do not need to re-enroll. The only exceptions are Flexible Spending Accounts (FSA) for healthcare, limited purpose or daycare/eldercare, which require re-enrollment each year.
- If you would like to add/drop dependents, or change coverage or carriers, you may do so during Open Enrollment.
- You'll receive more information by mail and email beginning October 12. Please make sure your personal contact information is up-to-date. Visit hrsystems.azdoa.gov> YES Portal> Your Employee Services> Personal Information> Contact Information.



Rack Up HIP Bonus Points

Now there are three extra ways to get to the annual 50,000 point goal, and stay on track to earn the \$200 annual incentive. See the list below. Need more ways to get points every day? Check out the [Points Path Flyer](#). New to the HIP wellbeing program? Let [Gov Ducey tell you more](#), or visit our [HIP](#) page. To enroll, visit join.virginpulse.com/hip.

- **September Double Points:** Get x2 the points for daily, weekly and monthly activities.
- **Annual Physical:** 100 regular points + 5,000 bonus points.
- **COVID-19 Vaccine:** 2,500 bonus points.



September Webinar

Our webinars give you tips you can use to improve your life every day. Earn **25 HIP points** for viewing a [live or recorded webinar](#) with the ability to earn up to 100 points per year. All webinars are closed captioned with a custom link for each event listed on wellness.az.gov/classes.

- **Goal Setting for Personal and Professional Success** | Tues., Sep. 21, 11:30 AM - 12:30 PM Arizona Time | [Registration](#) | [Flyer](#)

September is Virtual Visit and Preventive Care Month

Take advantage of this helpful wellbeing information from our medical carriers. *Note: You are not required to be enrolled with a carrier to view their information.*



BlueCross BlueShield of Arizona

- [Blue Care Anywhere Virtual Visit](#)
- [Recipe: Black Bean Mango Salad](#)

UnitedHealthcare

- [Preventive Care Guidelines](#)
- [Understanding Preventive Care](#)

Higher Ed Spotlight: Virtual Education Expo Videos

Catch up with our education partners from our recent Education Expo.

To learn more about higher education discounts for state employees, visit benefitoptions.az.gov/highered.



- [Arizona Christian University](#) | [Video](#) | [Slides](#)
- [Arizona State University](#) | [Video](#) | [Slides](#)
- [Benedictine University](#) | [Video](#)
- [DeVry University](#) | [Flyer](#)
- [Grand Canyon University](#) | [Video](#) | [Slides](#)
- [Northern Arizona University](#) | [Video](#) | [Slides](#)
- [University of Arizona](#) | [Video](#) | [Slides](#)
- [University of Arizona Global Campus](#) | [Video](#)



Questions?

Please contact a Benefit Options representative by phone 602-542-5008, toll-free 1-800-304-3687, by email benefits@azdoa.gov or visit benefitoptions.az.gov. Our office is closed for walk-ins at this time, but we can help you virtually Monday-Friday, 8 am - 5 pm Arizona Time, except holidays



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